



नेताजी सुभाष क्षेत्रीय सहकारी प्रबन्ध संस्थान, कल्याणी  
**NETAJI SUBHAS REGIONAL INSTITUTE OF COOPERATIVE MANAGEMENT**  
**KALYANI-741235, West Bengal**

(AN INSTITUTION OF NATIONAL COUNCIL FOR COOPERATIVE TRAINING, NEW DELHI)  
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संख्या

Ref. No: I-169/848

दिनांक

Date: 25.08.2015

**TENDER NOTIFICATION**

Sealed Tenders are invited by the undersigned for Food Supply to run Hostel Mess for participants of various programmes of the Institute. The interested Food Suppliers may go through for "whole day's Menu chart" from Institute's website: [www.nsricm.com](http://www.nsricm.com). The Menu rate should include all taxes and charges. The tender should be submitted by 18.09.2015.

The Food Supplier should submit copies of Trade License, PAN and experience Certificate working as Food Supplier previously.

The rate will be effective for one year or till further order.

The successful Vender will have to execute order within 10 days from the date of receipts of the order and should deposit security amount of Rs.10,000/- to the Institute

The Director reserves the right of accepting or rejecting any of the Tenders irrespective of the lowest rate quoted without assigning any reason whatsoever.

The Tender should be sent by registered post and addressed to the Director by designation.

*sdt*

Director

Memo. No. I-169/848/15

Date: 25.08.2015

Copy to:

- 1) Website of the Institute.
- 2) Office Notice Board.
- 3) Hostel Notice Board.
- 4) Kalyani Post Office.
- 5) Ghoshpara Railway Station.

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Director

Central Park, P.O. Kalyani, District - Nadia - 741 235, West Bengal, दूरभाष/Phone : 033 25828202 / 25809201  
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COOPERATIVE ENTERPRISES BUILD A BETTER WORLD

**NETAJI SUBHAS REGIONAL INSTITUTE OF COOP. MANAGEMENT**  
**KALYANI-741235, West Bengal**

**Chart of Food Menu**

<b><u>Normal Menu</u></b>	<b><u>Special Menu</u></b>
<b><u>1 Day Programme</u></b>	
<p><b><u>Break Fast</u></b> 4 pcs. Puri-Sabji <i>or</i> 4 pcs. Bread-butter <i>or</i> 2 pcs. Cake and Banana/ Egg/Sweet)</p> <p><b><u>Normal Lunch</u></b> Rice, Salad, Dal, Green Vegetables, Fry/Cheeps, Chicken/Fish, Chatni, Papad, Sweet.</p> <p><b><u>Session Tea &amp; Biscuit</u></b> Two times Tea &amp; one time Biscuit</p> <p><b><u>Evening Tiffin &amp; Tea</u></b> Light Tiffin (Muri, Chap/Somosa) &amp; Tea</p> <p><b><u>Normal Dinner (if required)</u></b> Rice, Dal, Sabzi, Egg.</p>	<p><b><u>Break Fast</u></b> 4 pcs. Puri-Sabji <i>or</i> 4 pcs. Bread-butter <i>or</i> 2 pcs. Cake and Banana/ Egg, Sweet)</p> <p><b><u>Normal Lunch</u></b> Rice, Salad, Dal, Green Vegetables, Fry/Cheeps, Mutton, Chatni, Papad, Curd, Sweet.</p> <p><b><u>Session Tea &amp; Biscuit</u></b> Two times Tea &amp; Biscuits</p> <p><b><u>Evening Tiffin &amp; Tea</u></b> Light Tiffin (Muri, Chap/Somosa) &amp; Tea</p> <p><b><u>Normal Dinner (if required)</u></b> Rice, Dal, Sabzi, Egg.</p>
<b><u>3 Days Programme</u></b>	
<p><b><u>Break Fast</u></b> 1<sup>st</sup> Day - 4 pcs. Bread-butter, Banana &amp; Tea 2<sup>nd</sup> Day - 4 pcs. Puri-Sabji, Sweet &amp; Tea 3<sup>rd</sup> Day - 2 pcs. Cake, Egg &amp; Tea</p> <p><b><u>Normal Lunch</u></b> 1<sup>st</sup> Day - Rice, Salad, Dal, Green Vegetables, Fish (Ruhi/Chara Pona), Chatni, Papad 2<sup>nd</sup> Day - Rice, Salad, Dal, Green Vegetables, Chicken, Chatni, Papad 3<sup>rd</sup> Day - Rice, Salad, Dal, Green Vegetables, Fish (Ruhi/Chara Pona), Chatni, Papad &amp; Sweet <i>(Roti for 3/4 heads should be arranged)</i></p> <p><b><u>Session Tea &amp; Biscuit</u></b> Two times Tea &amp; one time Biscuit</p> <p><b><u>Evening Tiffin &amp; Tea</u></b> Light Tiffin (Muri, Chap/Somosa/Chanachur-oil-onion) &amp; Tea</p> <p><b><u>Normal Dinner</u></b> 1<sup>st</sup> Day – Rice/Roti, Dal, Green Vegetables, Egg 2<sup>nd</sup> Day - Rice/Roti, Dal, Green Vegetables, Spl. Veg. 3<sup>rd</sup> Day - Rice/Roti, Dal, Green Vegetables, Egg <i>(More Roti &amp; less rice should be arranged)</i></p>	<p><b><u>Break Fast</u></b> 1<sup>st</sup> Day - 4 pcs. Bread-butter, Banana, Egg &amp; Tea 2<sup>nd</sup> Day - 4 pcs. Puri-Sabji, Egg, Sweets &amp; Tea 3<sup>rd</sup> Day - 2 pcs. Cake, Egg, Sweets &amp; Tea</p> <p><b><u>Spl. Lunch</u></b> 1<sup>st</sup> Day - Rice, Salad, Dal, Spl. Vegetables (unseason), Fish (Katla/Tangra/Pabda etc.), Chatni, Papad, Curd, Sweet 2<sup>nd</sup> Day - Rice, Salad, Dal, Spl. Vegetables (unseason), Mutton, Chatni, Papad, Curd, Sweet 3<sup>rd</sup> Day - Rice, Salad, Dal, Spl. Vegetables (unseason), Chicken, Chatni, Papad, Curd, Sweet <i>(Roti for 3/4 heads should be arranged)</i></p> <p><b><u>Session Tea &amp; Biscuit</u></b> One time Tea &amp; Biscuit and One time Coffee &amp; Biscuit</p> <p><b><u>Evening Tiffin &amp; Tea</u></b> Light Tiffin (½ Chowmin or Muri, Chap/ Somosa/ Chanachur-oil-onion) &amp; Tea</p> <p><b><u>Spl. Dinner</u></b> 1<sup>st</sup> Day – Rice/Roti, Dal, Green Vegetables, Chicken 2<sup>nd</sup> Day - Rice/Roti, Dal, Green Vegetables, Fish 3<sup>rd</sup> Day - Rice/Roti, Dal, Green Vegetables, 2 Eggs <i>(More Roti &amp; less rice should be arranged)</i></p>
<b><u>4 Days Programme</u></b>	
<p><b><u>Break Fast</u></b> 1<sup>st</sup> Day - 4 pcs. Bread-butter, Banana &amp; Tea 2<sup>nd</sup> Day - 4 pcs. Puri-Sabji, Sweet &amp; Tea 3<sup>rd</sup> Day - 2 pcs. Cake, Egg &amp; Tea 4<sup>th</sup> Day – 4 pcs. Roti-Sabjit, Sweet &amp; Tea</p>	<p><b><u>Break Fast</u></b> 1<sup>st</sup> Day - 4 pcs. Bread-butter, Banana, Egg &amp; Tea 2<sup>nd</sup> Day - 4 pcs. Puri-Sabji, Egg, Sweets &amp; Tea 3<sup>rd</sup> Day - 2 pcs. Cake, Egg, Sweets &amp; Tea 4<sup>th</sup> Day – 4 pcs. Roti-Sabjit, Egg, Sweet &amp; Tea</p>

<b><u>Normal Menu</u></b>	<b><u>Special Menu</u></b>
<p><b><u>Normal Lunch</u></b>  1<sup>st</sup> Day - Rice, Salad, Dal, Green Vegetables, Fish (Ruhi/Chara Pona), Chatni, Papad  2<sup>nd</sup> Day - Rice, Salad, Dal, Green Vegetables, Chicken, Chatni, Papad  3<sup>rd</sup> Day - Rice, Salad, Dal, Green Vegetables, Fish (Ruhi/Chara Pona), Chatni, Papad &amp; Sweet  4<sup>th</sup> Day – Rice, Salad, Dal, Green Vegetables, Fish (Ruhi/Chara Pona), Chatni, Papad  <i>(Roti for 3/4 heads should be arranged)</i></p> <p><b><u>Session Tea &amp; Biscuit</u></b>  Two times Tea &amp; one time Biscuit</p> <p><b><u>Evening Tiffin &amp; Tea</u></b>  Light Tiffin (Muri, Chap/Somosa/Chanachur-oil-onion) &amp; Tea</p> <p><b><u>Normal Dinner</u></b>  1<sup>st</sup> Day – Rice/Roti, Dal, Green Vegetables, Egg  2<sup>nd</sup> Day - Rice/Roti, Dal, Green Vegetables, Spl. Veg.  3<sup>rd</sup> Day - Rice/Roti, Dal, Green Vegetables, Egg  4<sup>th</sup> Day – Rice, Salad, Dal, Green Vegetables, Fish (Ruhi/Chara Pona)  <i>(More Roti &amp; less rice should be arranged)</i></p>	<p><b><u>Spl. Lunch</u></b>  1<sup>st</sup> Day - Rice, Salad, Dal, Spl. Vegetables (unseason), Fish (Katla/Tangra/Pabda etc.), Chatni, Papad, Curd, Sweet  2<sup>nd</sup> Day - Rice, Salad, Dal, Spl. Vegetables (unseason), Mutton, Chatni, Papad, Curd, Sweet  3<sup>rd</sup> Day - Rice, Salad, Dal, Spl. Vegetables (unseason), Chicken, Chatni, Papad, Curd, Sweet  4<sup>th</sup> Day – Rice, Salad, Dal, Spl. Vegetables (unseason), Fish (Katla/Tangra/Pabda etc.), Chatni, Papad  <i>(Roti for 3/4 heads should be arranged)</i></p> <p><b><u>Session Tea &amp; Biscuit</u></b>  One time Tea &amp; Biscuit and One time Coffee &amp; Biscuit</p> <p><b><u>Evening Tiffin &amp; Tea</u></b>  Light Tiffin (½ Chowmin or Muri, Chap/ Somosa/ Chanachur-oil-onion) &amp; Tea</p> <p><b><u>Spl. Dinner</u></b>  1<sup>st</sup> Day – Rice/Roti, Dal, Green Vegetables, Chicken  2<sup>nd</sup> Day - Rice/Roti, Dal, Green Vegetables, Fish(Ruhi/Chara Pona)  3<sup>rd</sup> Day - Rice/Roti, Dal, Green Vegetables, 2 Eggs  4<sup>th</sup> Day – Rice/Roti, Dal, Green Vegetables, Chicken  <i>(More Roti &amp; less rice should be arranged)</i></p>
<b><i>5 Days Programme</i></b>	
<p><b><u>Break Fast</u></b>  1<sup>st</sup> Day - 4 pcs. Bread-butter, Banana &amp; Tea  2<sup>nd</sup> Day - 4 pcs. Puri-Sabji, Sweet &amp; Tea  3<sup>rd</sup> Day - 2 pcs. Cake, Egg &amp; Tea  4<sup>th</sup> Day – 4 pcs. Roti-Sabjit, Sweet &amp; Tea  5<sup>th</sup> Day - 4 pcs. Bread-butter, Banana &amp; Tea</p> <p><b><u>Normal Lunch</u></b>  1<sup>st</sup> Day - Rice, Salad, Dal, Green Vegetables, Fish (Ruhi/Chara Pona), Chatni, Papad  2<sup>nd</sup> Day - Rice, Salad, Dal, Green Vegetables, Chicken, Chatni, Papad  3<sup>rd</sup> Day - Rice, Salad, Dal, Green Vegetables, Fish (Ruhi/Chara Pona), Chatni, Papad  4<sup>th</sup> Day – Rice, Salad, Dal, Green Vegetables, Fish (Ruhi/Chara Pona), Chatni, Papad  5<sup>th</sup> Day - Rice, Salad, Dal, Green Vegetables, Chicken, Chatni, Papad &amp; Sweet  <i>(Roti for 3/4 heads should be arranged)</i></p> <p><b><u>Session Tea &amp; Biscuit</u></b>  Two times Tea &amp; one time Biscuit</p> <p><b><u>Evening Tiffin &amp; Tea</u></b>  Light Tiffin (Muri, Chap/Somosa/Chanachur-oil-onion) &amp; Tea</p> <p><b><u>Normal Dinner</u></b>  1<sup>st</sup> Day – Rice/Roti, Dal, Green Vegetables, Egg  2<sup>nd</sup> Day - Rice/Roti, Dal, Green Vegetables, Spl. Veg.</p>	<p><b><u>Break Fast</u></b>  1<sup>st</sup> Day - 4 pcs. Bread-butter, Banana, Egg &amp; Tea  2<sup>nd</sup> Day - 4 pcs. Puri-Sabji, Egg, Sweets &amp; Tea  3<sup>rd</sup> Day - 2 pcs. Cake, Egg, Sweets &amp; Tea  4<sup>th</sup> Day – 4 pcs. Roti-Sabjit, Egg, Sweet &amp; Tea  5<sup>th</sup> Day - 4 pcs. Bread-butter, Egg, Banana &amp; Tea</p> <p><b><u>Spl. Lunch</u></b>  1<sup>st</sup> Day - Rice, Salad, Dal, Spl. Vegetables (unseason), Fish (Katla/Tangra/Pabda etc.), Chatni, Papad, Curd, Sweet  2<sup>nd</sup> Day - Rice, Salad, Dal, Spl. Vegetables (unseason), Mutton, Chatni, Papad, Curd, Sweet  3<sup>rd</sup> Day - Rice, Salad, Dal, Spl. Vegetables (unseason), Chicken, Chatni, Papad, Curd, Sweet  4<sup>th</sup> Day – Rice, Salad, Dal, Spl. Vegetables (unseason), Fish (Katla/Tangra/Pabda etc.), Chatni, Papad, Curd, Sweet  5<sup>th</sup> Day - Rice, Salad, Dal, Green Vegetables, Mutton, Chatni, Papad, Curd, Sweet  <i>(Roti for 3/4 heads should be arranged)</i></p> <p><b><u>Session Tea &amp; Biscuit</u></b>  One time Tea &amp; Biscuit and One time Coffee &amp; Biscuit</p> <p><b><u>Evening Tiffin &amp; Tea</u></b>  Light Tiffin (½ Chowmin or Muri, Chap/ Somosa/ Chanachur-oil-onion) &amp; Tea</p> <p><b><u>Spl. Dinner</u></b></p>

<b><u>Normal Menu</u></b>	<b><u>Special Menu</u></b>
3 <sup>rd</sup> Day - Rice/Roti, Dal, Green Vegetables, Egg. 4 <sup>th</sup> Day – Rice, Salad, Dal, Green Vegetables, Fish (Ruhi/Chara Pona) 5 <sup>th</sup> Day - Rice, Salad, Dal, Fry/Chips, Green Vegetables, (More Roti & less rice should be arranged)	1 <sup>st</sup> Day – Rice/Roti, Dal, Green Vegetables, Chicken 2 <sup>nd</sup> Day - Rice/Roti, Dal, Green Vegetables, Fish(Ruhi/Chara Pona) 3 <sup>rd</sup> Day - Rice/Roti, Dal, Green Vegetables, 2 Eggs 4 <sup>th</sup> Day – Rice/Roti, Dal, Green Vegetables, Chicken 5 <sup>th</sup> Day - Rice, Salad, Dal, Fry/Chips, Green Vegetables, (More Roti & less rice should be arranged)

**HDCM and Other Long Term Programme (more than 7 days)**

Menus decided for 7 days/1 week and it will repeat for following weeks

**Normal Menu**

**Break Fast**

- 1<sup>st</sup> Day - 4 pcs. Bread-butter & Tea
- 2<sup>nd</sup> Day - 4 pcs. Roti-Sabji & Tea
- 3<sup>rd</sup> Day - 3 pcs. Porotha-Sabji or 2 pcs. Alu Parotha-Pickle & Tea
- 4<sup>th</sup> Day - 4 pcs. Roti-Sabji & Tea
- 5<sup>th</sup> Day - 4 pcs. Bread-butter & Tea
- 7<sup>th</sup> Day - 4 pcs. Roti-Sabji & Tea

**Normal Lunch**

- 1<sup>st</sup> Day - Rice, Dal, Green Vegetables (Seasonal), Fish (Ruhi/Chara Pona)
- 2<sup>nd</sup> Day - - Rice, Dal, Green Vegetables (Seasonal), Chicken
- 3<sup>rd</sup> Day - Rice, Dal, Green Vegetables (Seasonal), Fish (Ruhi/Chara Pona)
- 4<sup>th</sup> Day - Rice, Dal, Green Vegetables (Seasonal), Chicken
- 5<sup>th</sup> Day - Rice, Dal, Green Vegetables (Seasonal), Fish (Ruhi/Chara Pona)
- 6<sup>th</sup> Day - Rice, Dal, Green Vegetables (Seasonal), Spl. Veg.
- 7<sup>th</sup> Day - Rice, Dal, Green Vegetables (Seasonal), Fish (Ruhi/Chara Pona)  
 (Roti for 3/4 heads should be arranged)

**Normal Dinner**

- 1<sup>st</sup> Day – Rice/Roti, Dal, Green Vegetables, Egg
- 2<sup>nd</sup> Day - Rice/Roti, Dal, Green Vegetables, Spl. Veg.
- 3<sup>rd</sup> Day - Rice/Roti, Dal, Green Vegetables, Egg
- 4<sup>th</sup> Day - Rice/Roti, Dal, Green Vegetables, Spl. Veg.
- 5<sup>th</sup> Day - Rice/Roti, Dal, Green Vegetables, Egg
- 6<sup>th</sup> Day - Rice/Roti, Dal, Green Vegetables, Spl. Veg.
- 7<sup>th</sup> Day - Rice/Roti, Dal, Green Vegetables, Egg  
 (More Roti & less rice should be arranged)